

Your name (a.k.a., the Interviewer, news anchor): _____

Name of the person you're interviewing (a.k.a. unsuspecting victim, interviewee): _____

1. Do you use the Internet?

☐ Nope, never. → Um, yeah right. I mean, really? Why not?

☐ Yup. → Okay, about how much time per day? _____

2. Where do you use the Internet?

☐ Home

☐ School computer lab

☐ Cafés with wireless hotspots

☐ Library

☐ Somewhere else: _____

3. What devices do you use to connect to the Internet?

☐ Desktop computer / laptop

☐ Cell phone / Smartphone / iPhone

☐ Xbox / PS3 / Wii

☐ Tablet / iPad

☐ Something else: _____

4. What kinds of things do you use the Internet for most often?

☐ Keeping in touch with people

☐ School work

☐ Listening to music

☐ Watching movies / TV

☐ Playing games

☐ Shopping

☐ Getting information (movie times, product reviews, game cheats, random info)

☐ Helping *parents* get information, shop, or pay bills

☐ Something else: _____

5. Open up your phone. Can you find out how many text messages you sent yesterday?

☐ 0 text messages (Thanks for reminding me that I have no phone.)

☐ 0 text message (I can't text on my phone. / Uh, why would I send a text?)

☐ 1-5 texts

☐ 6-10 texts

☐ 10-20 texts

☐ More than 20 (I'm an addict. Why talk in person when you can just text?)

6. Who do you send the most texts to?

☐ Parents

☐ Siblings

☐ Other family members

☐ Friends

☐ Teachers

☐ Boyfriend or girlfriend

☐ Boss

☐ Businesses

☐ Someone else: _____

7. How many emails did you send yesterday?

- ☐ 0 (Why send emails when you can text?) ☐ 1-2 ☐ 3-5 ☐ 6-10
☐ More than 10 emails

8. Who do you send the most emails to?

- ☐ Parents ☐ Siblings ☐ Other family members
☐ Friends ☐ Teachers ☐ Boyfriend or girlfriend
☐ Boss ☐ Businesses
☐ Someone else: _____

9. How often do you update your social networking sites (Facebook, Tumblr, MySpace, etc.)?

- ☐ Never (Not allowed to use social media. / I'm not putting my business online.)
☐ Less than once a week ☐ Once a week-ish ☐ Every day
☐ 2-5 times per day ☐ 6-10 times per day
☐ More than 10 times per day (My life is online.)

10. How many hours do you spend on each of the following activities every week? (Btw, a week is 168 hours.)

Doing schoolwork online: _____
On social networking sites: _____
Playing online games: _____
Shopping online: _____
Sending text messages: _____
Sending emails: _____
Watching movies / TV / videos online: _____
Searching for info online: _____
Helping parents/family use the Internet: _____
Doing other online activities: _____

11. Math time! Calculate the percentage of a week that your partner spends online. Get shocked.

- Add up the number of hours spent online every week (all the activities in #10): _____
- Now divide that number by 168 hours (hours in one week): _____
- Now multiply that number by 100: _____ %. Ta-da! You've now got the percentage of a week that your partner spends online.

For example, your partner spends 100 hours online every week (not judging, but that's a lot of time – don't forget that a week has 168 hours). So, your partner spends 100 hours per week ÷ 168 hours per week x 100 = 60% of his/her sleeping, waking, eating, and breathing hours every week online. Now try crunching that with some real numbers.